#### DRG Advisory Board Meeting Notes: July 9, 2020

Present: Krista, Dan, Taira, Jodie, Ross, Amy, Deb, Alissa, Megan, David, Brian, Jamie

Update on Deliverables (May-July)

- Develop policies & procedures for referrals:
  - Working on intake process
  - o Develop Data Management System

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- Begin referring for therapy
  - Starting referrals August 1 depending on COVID-19 and districts
- Schedule & Deliver Training Workshops
  - Youth Mental Health First Aid (Fremont)
  - Crisis Team Training (Fremont, RC, NBC, ESU 2)
    - All Districts and ESU 2 have completed
  - Compassion Fatigue (Upcoming in July, August, September) --90 minute sessions can be created to fit their schedule
    - Next Steps for training
    - Scheduling have started
  - Trauma Informed Care & Strategies TBD Spring/Summer 2021
    - This will be taking place for spring/summer: North Bend and Fremont
    - Raymond looking at November
  - Adult Mental Health First Aid no current interest
- Develop measures and assessments & collect project data
  - Pre/Post Survey Data for Youth Mental Health
    First Aid Google Survey
    - This is being utilized
  - Pre/Post Survey Data for Crisis Team Trainings Google Survey
    - This was used and completed
  - Pre/Post Survey through Project Harmony Registration System.
    - Presurvey required prior to registration and postsurvey required to get Certification
    - Each training gets their own link and registration process

### Next Steps (July – October)

- Advisory Board Meetings 3x during 2020-2021 school year
  - o October 8, 2020 at 10:00am CST
  - o January 7, 2020 at 10:00am CST
  - o April 1, 2020 at 10:00am CST
    - Additional Meetings can be added as needed with individual districts and providers
- SSET, Bounce Back, CBITS Trainings to be scheduled during 2020-2021 school year
  - Looking at how these trainings will be started during school.
- Tier 3 Supports therapy for students through Capstone Behavioral Health & Lutheran Family Services
  - Last Dollar services
  - o 1700 hours are available for last dollar services
- Develop Resources for Community (Lead: Krista Horton)
  - Will start information share out in October
  - Looking for \$\$ to support districts for therapy

# **Crisis Team Training Discussions**

- Two Webinars have completed
- Next steps:
  - Structure of Crisis Team
  - How they want to start
  - Tabletop activities
- In the process of creating a Welcome Back script for districts
- Conflict has risen around the reopening plans do to the American Pediatric Plans
- Feedback: Can make the next meeting just consolation about the next steps for COVID-19 vs working on their crisis plans
  - Raymond: Crisis team meeting with 8 members.
    Wants him to look at their crisis plan to see
    where they can have areas "tightened up"
  - Discuss reopening plan
  - How Tabletop conversations work
    - August 18<sup>th:</sup>

- Guidance on how to make changes early in the first quarter
- Will depend on the color that day.
  - Will allow the therapist to be in the school when therapy occurs
- NBC: Having a consultation would be more beneficial than crisis plan development
  - September 28<sup>th</sup> possible date: 1CST-3CST
    - Wants to start school with initial wave of school implementation
    - Want to analyze what they have learned from this
    - Wants to use time to discuss what they have learned: goods and bad
      - Work with HS (25 staff) and Elementary
  - If it is a trained professional, they will create a space for the student to obtain therapy

### **Partner Updates**

**LFS:** has no problems with going into the school at this moment.

Capstone: Will discuss questions that are pre district

**Kaitlynn** (Mental Health First Aid Training): Fremont training went well.

### District Updates:

NBC: appreciates Jodie's flexibility

Raymond:

### ESU 2 Updates:

#### Diane:

- still looking at the most transparent way to implement referrals/intake process
- ESU will be creating their own Crisis Plan/Documents
- Business Contingent Operation Plan: help districts with their own crisis and how the business will create a plan
- Crisis Plan: for students

## Krista:

- Working with district staff to create a seamless procedure for referrals
- One house for resources from these meetings and other community resources

Questions

Next Meeting: October 8<sup>th</sup> at 10:00am CST